

LGBT News

The LGBT Resource Center for the 7 Rivers Region, Inc.

September 2011

Rosanne's Ramblings

As you may be aware, October 11th is National Coming Out Day (NCOD) for the LGBT Community. This year it happens to fall on a Sunday, so our festivities will be held on Saturday, October 15. In recognition of NCOD, we have been busy planning events for community involvement with promoting our message of acceptance, equality, and social justice for all members of our communities. It is in our commonalities that we must start and from there we can learn to appreciate our differences. We hope that you can join us.

October 15, 2010, Events:

11:30 a.m. - 12:30 p.m.

Silent Rally For Equality

We are going to meet at Cameron Park (400 King Street, La Crosse) at 11:30 p.m. and then walk in unison to the blue bridge. The Silent Rally will be from 12:00 p.m. to approximately 12:30 p.m. on the bridge, as we stand together in silence to create awareness and show our desire for equality for all members of our communities. After the rally, we will reconvene in Cameron Park for light refreshments and solidarity. Bring signs, Pride flags, and dress as rainbow as you desire. We will help create awareness by being visible and peacefully illustrating our support and desire for equality for all members of our communities.

5:30 - 11:00 p.m.

Coming Out For Equality

Our annual Gala Event will be held at Seven Bridges Restaurant, 910 2nd Avenue North, Onalaska, WI. The evening will include a delicious catered dinner, a silent auction, music, and friendship. To begin our event, we will have music from local musicians and youth. All proceeds of this event will help the Center move forward with our vision of safe communities for all members. Tickets are \$30.00 each if purchased by September 30 and tables for 8 are \$240 if purchased by the same date. After September 30, all tickets will be \$35 each. All table sponsors who send in payment by September 30 will receive a complimentary Football Mania ticket. For more information please visit our website www.7riverslgbt.org.

Please consider the following options to show your commitment to equality:

- Sponsor our event and make a monetary donation to help cover the expenses of this event.
- Purchase a table to show your business/personal commitment to equality and acceptance for all people, including LGBT youth, adults, and their families. If you cannot attend you could sponsor a table for the Speakers, GALAXY Youth, Center Volunteers, or others. Each table seats 8.
- Purchase tickets for people who cannot otherwise attend due to financial limitations.
- Purchase tickets (or a whole table!), and invite coworkers, family, and friends to this event to embrace diversity and promote equality.
- Consider donating a gift certificate, themed basket, items, or gifts to the Silent Auction.

We would be happy to recognize your generosity with your name or business as part of the centerpiece for your sponsored table or list you on our program for the evening. We will honor all requests for anonymity.

Please feel free to contact me to discuss any of the great upcoming events or to discuss how we can work together to create an accepting community that honors all members. I look forward to working with you to have a successful Coming Out for Equality 2011.

♥ and belief,
Rosanne


P.S. Invite others! We want many people and a vibrant huge human rainbow!

1st year we had 115 people, 3 dogs (warm day).

2nd year we had 93 people, 3 dogs (cold weather).

3rd year we had 271 people, 7 dogs and 2 cats (warm weather).

How many will we have this year? Can we count on you?



Wear your PRIDE and show your Support of the Center!

We have handy eco-friendly totes available for purchase for \$5 each. Totes are available in red, blue, black, and forest green. Great for shopping, gym, books, and just about anything you want to tote around! Help create

awareness of the Center and do your daily grind while sharing our logo.



Also available, at 303 Pearl, are great Pride along the Mississippi t-shirts, featuring this year's button design front and center. The t-shirts are only \$15 and will help support Pride Along the Mississippi 2012, August 25th!



So show some love by purchasing wearable Pride and help the Center do its thing to create a welcoming safe community for all people!

Volunteering Opportunities

Applefest, La Crescent, MN

NEED crew of 10 each morning

Clean up starts at 7 a.m. Friday, Saturday, and Sunday of Applefest (Sept. 16-18). It typically only lasts a couple of hours.

We get \$50 for the Center and to keep the cans for our Cans 4 Kids fundraiser.

NEED walkers, people to hand out freebies, banner holders, decorators for float, etc., for the following parades:

Applefest Parade

Sunday, Sept. 18, Starts at 1:00 p.m.

Oktoberfest, La Crosse, WI

Maple Leaf Parade

Saturday, Sept. 24, 10:00 a.m.

Torchlight Parade

Thurs, Sept. 29, 7:00 p.m.

Let me know if you are available for any of these dates and feel free to bring friends, family, and co-workers.

Call 608-784-0452 or email r.st.sauver@7riverslgbt.org to confirm your participation in any or all of these great awareness opportunities

Upcoming Events

Check the Center's [calendar](#) for more information about upcoming and monthly events.

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Ongoing Center Activities

Weekly Activities

Coffee & Conversation

When: Every Wednesday, 1-2 p.m.

Where: 7 Rivers LGBT Resource Center, 303 Pearl Street, La Crosse
Ages 18+. Folks looking to find community, connection, and support. No conversation is too big or too small; join us for an afternoon get together. You will be glad you did!

GALAXY, a group for youth ages 13-20

When: Every Tuesday 4-6 p.m. and every Saturday 2-4 p.m.

Where: 7 Rivers LGBT Resource Center, 303 Pearl Street, La Crosse

LGBTQ Parents Group

When: Not currently meeting. Call the Center to restart this group.

Where: 7 Rivers LGBT Resource Center, 303 Pearl Street, La Crosse

Drop-in Group

When: Every Thursday 6-8 p.m.

Where: 7 Rivers LGBT Resource Center, 303 Pearl Street, La Crosse

Bi-weekly Activities

GLENDAA/AA Group

When: First and third Friday at 7 p.m.

Where: 7 Rivers LGBT Resource Center, 303 Pearl Street, La Crosse

Just as Glenda was Dorothy's support in OZ this group is the equivalent for LGBT people struggling with drug & alcohol addictions and issues. If you are looking for support and a safe place to be yourself as you deal with your drug & alcohol issues- please join us. For more information please contact Aaron at 608-788-1508.

Monthly Activities

PGLAG

For more information call the Seven Rivers LGBT Resource Center at 608-784-0452, or Lori at 608-790-5052.

L.I.F.E.

When: First Monday, 6 p.m.

Where: 7 Rivers LGBT Resource Center, 303 Pearl Street, La Crosse
Ages 18+. Work with others to become stewards of change.

Gender Queer/Transgender Gathering

When: First Wednesday 7-8 p.m.

Where: 7 Rivers LGBT Resource Center, 303 Pearl Street, La Crosse

Do you identify as gender queer? How about Transgender? Do you ever feel like you don't fit in because of your gender identity or expression? Then come to a monthly discussion group at the 7 Rivers LGBT Resource Center. Genderqueer - A gender variant person whose gender identity is neither male nor female, is between or beyond genders, or is some combination of genders. This person may want to challenge gender stereotypes and the gender binary system.

Transgender - A person who lives as a member of a gender other than that expected based on anatomical sex.

GNO (Guy's Night Out)

GNO will meet the fourth Friday of every month at the Center from 6-8 p.m. All male identified persons are welcome.



In Closing

Thanks for reading! If you have any comments or anything you'd like to add to an upcoming newsletter, please e-mail us at:
7riverslgbtnewsletter@gmail.com.